

Chart of the maternity unit of the ANCENIS Hospital

Being concerned about humanizing the birth, we make a commitment to do everything possible to allow you to welcome your child in serenity and safety.

During the follow-up of your pregnancy (antenatal consultations, courses for birth preparation) you are welcome to express your wishes and you will receive all the information concerning the delivery, the needs and rhythms of your child.

We also promise to not spread any advertising that could influence your choices (leaflets, posters) ..

Attentive to your well-being, we shall accompany you in your delivery by respecting your physiology. You will give birth to your baby in the position that will be the most comfortable for you.

Then, your newborn child will be able to stay against you, Skin to Skin, as long as you wish.

Meanwhile, if your baby wants to have his first breast feeding experience, you may feed him right away. In order to enable your baby to adapt to his new environment, usual post natal cares will be given afterward.

Breast feeding brings many benefits to the health of mothers and babies. That is why, the members of the team of the maternity unit are trained to inform you and accompany you in the respect of recommendations (6 months of exclusive breast-feeding, then, breast-feeding combined to food diversification).

The respect of the rhythms of your newborn child is a priority for the team, whatever your feeding choice is.

We shall guide you in the discovery of his rhythms of awakening and sleep. This way, you will determine the appropriate time to feed him. In order to secure your baby and facilitate the contact with him, he will share your bedroom day and night. Medical care will be provided in your presence. Your spouse will be welcome at any time.

You choose to breast-feed your baby: we will help you to realize properly the feeding, by breast-feeding your baby as often as he wants it and by providing you comfortable and efficient feedings.

Since your milk contains everything your child needs, he will not receive anything else unless there is a medical indication.

The use of dummy or feeding-bottle is not advisable because it can disturb the rhythm of the breast-feedings and the learning of your child.

In case your baby needs to be sent to the neo-natology care unit, we shall help you to start and maintain your lactation.

For the follow-up of the breast-feeding, after you have left the maternity unit, you will have the possibility to have specialized breast-feeding consultations within the maternity unit.

You choose to feed differently your baby: we will provide you all the information required to realize properly his feeding, always in the respect of his needs.

When you leave the maternity unit, we will make sure you have all the information to feel peaceful and independent. We will propose you a monthly meeting in order to share your experience with other parents, to ask your questions and to have, if necessary, some advice on the carrying of your baby.

Finally, we shall give you the addresses and phone numbers of persons to contact if necessary (PMI, liberal midwives, psychologists, associations supporting breast-feeding ..)

The team of the maternity unit in Ancenis hospital